









BINGO

SUMMER GOALS



Read a book longer than 200 pages.	Wash, dry, and fold your own laundry for 1 week .	 Have a screen free or social media free day.	Complete 20 math problems.	Walk or jog 1 mile .
 Read outside for 30 minutes/day for 5 days.	Learn to cook a new dish.	 Visit a local museum or historical site.	 Create a basic personal budget .	Do a bodyweight circuit workout (squats, pushups, situps, etc.).
Write a short story or personal essay (at least 1,000 words).	Organize your room (e.g., sort through clothes, organize desk).	Tell someone you love them. 	Build or craft something (e.g., garden box, photo collage, bracelet).	Try a new activity (yoga, biking, golf, etc.).
Learn 10 new vocabulary words.	Vacuum and/or sweep 2 rooms in your house.	Call or visit a grandparent or other family member.	Save \$50 and put it into a checking or savings account. 	 Play an outdoor game with friends or family.
Write a book review and share it with a friend.	 Make lunch for your family and clean up.	Help a friend or family member with yard work.	Create 3 goals for your next year of school (e.g., GPA, try a new school activity).	Volunteer for a local nonprofit or community organization.